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Diploma in Pharmacy 2nd Year
Community Pharmacy & Management
Important Questions
Chapter 8 : Over the Counter (OTC) Medications

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Chapter 8
Over the Counter (OTC) Medications
IMPORTANT Questions

Q1. Write a short note on Over the Counter (OTC) Medication.

Ans.

Over the Counter (OTC) Medications

- → OTC drugs mean Over the Counter drugs. They are also known as non- prescription drugs, and can be sold or purchased without a prescription order.
- → OTC drugs have minimal abuse potential of the controlled constituents and contain formulations with limited amounts of few narcotic drugs, usually for anti- tussive and anti-diarrhoeal purposes.
- → The most significant difference between non-prescription and prescription medicine is established on the availability of acceptable ways for use under which a layman can use the medicine safely.
- → OTC drugs are those drugs which can be purchased without a prescription. Few OTC drugs relieve aches, pains, and itches, whereas few of them prevent or treat diseases, such as tooth decay and athlete's foot. They also help to manage migraine conditions.
- → Few examples of OTC drugs are painkillers (like ibuprofen and acetaminophen). decongestants, anti-fungal creams, laxatives, acne creams, and sunscreens.

Q2. Role of Pharmacist in OTC Medication Dispensing.

Ans.

Role of pharmacist in OTC meditation dispensing

- ➢ While providing otc medication the pharmacists should analyse the patient symptoms /conditions to decide whether the medicines are suitable or not.
- ➢ The pharmacist should provide drug related information while dispensing OTC drugs .
- ➢ They should guide on choosing otc meditation .
- ➢ They should advise the patient to contact doctors /physicians or medical staff for medical treatment
- ➢ The pharmacists should advise the patient to contact Health care professionals if any drug show severe adverse effect.
- ➢ The pharmacist should advise the patient to verify the drugs active constituent if they are taking multiple otc drugs .
- ➢ pharmacists are the person whom people contact for OTC meditation generally , so there is great demand of pharmacist for OTC meditation
- ➢ When they are initial point of contact for OTC Medication they should be careful regarding their responsibilities of otc meditation.
- ➢ They should track the uses of otc meditation .
- ➢ They are required to limit to the frequency of otc medications.

Q3. Define term Self Medication.

Ans.

Self Medication

- → The use of medicinal products to treat self diagnosed disorders or symptoms without the advice of a Health Care Professional.(WHO)
- → Self-medication is the practice of treating illnesses and disorders with OTC drugs that are licensed and available without a prescription and are safe and reliable when used as intended

Q4. Role of pharmacist in promoting safe practice during self medication.

Ans. Role of pharmacist in promoting safe practice during self Medication

- ➢ The pharmacist should advise the people that it is not good idea to treat self without proper knowledge otherwise it may be dangerous.
- ➢ The pharmacist should provide safe and good quality of medicine .
- ➢ The pharmacist should provide drug related information.
- ➢ The pharmacist should advise the patient to visit the doctors / physicians if self medication is ineffective .
- ➢ The pharmacist should consider the condition of patient if patient is not present, he should ask about the symptoms of the patients .
- ➢ If pharmacist seems that the drugs being asked are not suitable for the patient he should suggest the appropriate medicine .
- ➢ The pharmacist should ask some key questions related to patient condition and medication history.

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