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# Diploma in Pharmacy 2nd Year
# Community Pharmacy & Management
# Important Questions
# Chapter 6 : Medication Adherence


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# Chapter 6
# Medication Adherence
# IMPORTANT Questions

## Q1. Write the factors Influencing Non-Adherence.

**Ans.**

## Factors influencing Non Adherence

- → **Health care system related factors :** According to Makaryus et . al . the patient are discharged from hospital and not educated properly and Non adherence occurs .
- → **Patient related factors :**
  - Younger age ,
  - Patient is not taking the disease seriously,
  - Lack of symptoms,
  - Misunderstanding regarding medication,
  - Patient forgets to take medicines,
  - He has Mental problems.
- → **Drug related factors :**
  - Too much adverse effects ( patient fear to take medicines ),
  - Cost of drugs many poor patients do not afford the drugs,
  - Too much medication,
  - Root of administration
- → **Therapy related factors :** Exact medications are not administered or prescribed
- → **Education related factors :** Factors of medication non adherence includes lower education level and low health education level.

## Q2. What are the strategies to overcome Non-Adherence.

**Ans.** Many of studies explain that most of factors of Non Adherence are patient oriented ( related) although we consider following strategies to overcome the Non Adherence :

- It includes educating healthcare workers( pharmacist nurses ) they should be taught communication skill and counselling points properly.
- If staffs are not sufficient they should be increased according to the needs.
- Cheap and best medicine should be prescribed.
- Patients should be counselled properly.
- Counselling should be orally and in written form also.
- Pictograms should be used.
- feedback questions should be asked.
- clearing patient 's doubt .
- listening the patient with patience.
- Simple and easy language should be used.
- Councsellor should avoid anger