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PHARMACEUTICAL INORGANIC CHEMISTRY

UNIT 4

TOPIC :

- **Haematinics : Ferrous sulphate*, Ferrous gluconate**



HAEMATINICS

➤ Haematinics are substances or drugs that help in the formation of blood.

They are mainly used in the treatment and prevention of anaemia by increasing:

- Red Blood Cells (RBCs) count
- Haemoglobin (Hb) concentration

Function

Haematinics act by :

- Providing essential nutrients (like iron, folic acid, vitamin B₁₂) required for RBC synthesis
- Helping to restore normal hemoglobin levels
- Supporting the body in recovery from blood loss or nutritional deficiencies

Anaemia

➤ Anaemia is a medical condition in which the hemoglobin concentration or number of RBCs in blood falls below normal levels. This leads to reduced oxygen-carrying capacity of blood.

Causes of Anaemia

✚ Excessive Blood Loss

- Injury, surgery, menstruation, internal bleeding

✚ Unhealthy RBC Formation

- Nutritional deficiencies (Iron, folic acid, vitamin B₁₂)

✚ Increased Destruction of RBCs

- Autoimmune diseases, infections, genetic disorders

Types of Anaemia

- Iron Deficiency Anaemia
- Aplastic Anaemia
- Haemolytic Anaemia
- Sickle Cell Anaemia
- Pernicious Anaemia

FERROUS SULPHATE

- Molecular Formula: $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$
- Molecular Weight: 278 g/mol
- Synonym: Green Vitriol or Copperas

Method of Preparation

- Ferrous sulphate is prepared by the reaction of iron (Fe) with dilute sulfuric acid (H_2SO_4):
$$\text{Fe} + \text{H}_2\text{SO}_4 \rightarrow \text{FeSO}_4 + \text{H}_2\uparrow$$
- In this reaction, iron dissolves, forming ferrous sulphate and liberating hydrogen gas.

Physical Properties

- Appears as transparent green crystals or pale bluish-green crystalline powder
- Odourless
- Has a metallic taste
- Soluble in water
- Insoluble in alcohol
- Efflorescent in nature (loses water of crystallization on exposure to air)

Chemical Properties

- It is easily oxidized in air to ferric sulphate ($\text{Fe}_2(\text{SO}_4)_3$), especially in moist conditions
- On heating, it loses water and may decompose to form ferric oxide and sulfur dioxide

Uses of Ferrous Sulphate

1. **As a Haematinic:**
 - Used in the treatment of iron-deficiency anaemia
 - Increases **hemoglobin** and RBC formation
2. **As a Disinfectant:**
 - Has mild antimicrobial and deodorizing properties
3. **Other Uses:**
 - Used in water purification

FERROUS GLUCONATE

- Molecular Formula: $C_{12}H_{22}FeO_{14} \cdot xH_2O$
- Molecular Weight: Approximately 446.14 g/mol (anhydrous form)
- Synonym: Iron(II) gluconate

Method of Preparation

➤ Ferrous gluconate is prepared by the reaction of gluconic acid with ferrous carbonate ($FeCO_3$) or ferrous hydroxide ($Fe(OH)_2$):

$$2C_6H_{12}O_7(\text{Gluconic acid}) + FeCO_3 \rightarrow Fe(C_6H_{11}O_7)_2 + CO_2 + H_2O$$

Physical Properties

- Appears as grayish-yellow to pale green crystalline powder
- Odourless
- Mildly metallic taste
- Soluble in water
- Insoluble in alcohol
- Slightly hygroscopic in nature

Chemical Properties

- Ferrous gluconate is a ferrous salt of gluconic acid
- On exposure to air, oxidation to ferric gluconate may occur
- It is less irritating to the gastrointestinal tract than ferrous sulfate

Uses

- ✓ As a Haematinic Agent
 - Used in the treatment of iron-deficiency anaemia
 - Helps in increasing hemoglobin levels and RBC production
- ✓ Iron Supplement
 - Used in pregnancy, lactation, and growth phases where iron requirement is high
- ✓ Less Gastric Irritation
 - Preferred over ferrous sulfate for patients with sensitive stomach