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# MEDICINAL CHEMISTRY – I

## UNIT 2

TOPIC :

- **Drugs acting on Autonomic Nervous System**

**Adrenergic Neurotransmitters :**

Biosynthesis and catabolism of catecholamine.

Adrenergic receptors (Alpha & Beta) and their distribution.



# Drugs Acting on Autonomic Nervous System (ANS)

- The Autonomic Nervous System (ANS) is a part of the Peripheral Nervous System (PNS) that controls involuntary body functions such as heart rate, digestion, glandular secretion, pupil size, and respiratory rate.
- It has two main branches with opposing actions:
  1. Sympathetic Nervous System (SNS) → “Fight or Flight”
  2. Parasympathetic Nervous System (PNS) → “Rest and Digest”
- Drugs acting on the ANS either mimic or block these branches to produce therapeutic effects.

## Adrenergic Neurotransmitters (Catecholamines)

- Chemical messengers released from adrenergic neurons that act on adrenergic receptors ( $\alpha$  and  $\beta$  receptors).
- **Functions:**
  - Mediate “fight or flight” responses: ↑ heart rate, ↑ blood pressure, ↑ blood glucose, bronchodilation.
  - Also regulate mood, movement, renal blood flow, and metabolism.
- **Main Adrenergic Neurotransmitters (Catecholamines):**
  1. **Dopamine (DA)**
    - First catecholamine in synthesis chain.
    - Acts on dopamine (D<sub>1</sub>, D<sub>2</sub>) receptors.
    - At high doses → mild effect on  $\beta$  receptors.
    - Functions: CNS role (movement, reward), renal vasodilation, precursor for norepinephrine.
  2. **Norepinephrine (Noradrenaline)**
    - Primary neurotransmitter released by sympathetic postganglionic neurons.
    - Acts mainly on  $\alpha_1$  and  $\beta_1$  receptors.
    - Functions: ↑ heart rate, ↑ contractility, vasoconstriction → ↑ blood pressure.

### 3. Epinephrine (Adrenaline)

- Hormone from adrenal medulla.
- Acts on  $\alpha_1$ ,  $\beta_1$ ,  $\beta_2$  receptors.
- Functions:
  - ↑ heart rate & cardiac output ( $\beta_1$ ).
  - Bronchodilation ( $\beta_2$ ).
  - Vasoconstriction ( $\alpha_1$ ) + skeletal muscle vasodilation ( $\beta_2$ ).
  - ↑ blood glucose via glycogenolysis.

## Biosynthesis of Catecholamines

1. Phenylalanine → Tyrosine (enzyme: *Phenylalanine hydroxylase*).
2. Tyrosine → DOPA (enzyme: *Tyrosine hydroxylase*).
3. DOPA → Dopamine (enzyme: *DOPA decarboxylase*).
4. Dopamine → Norepinephrine (enzyme: *Dopamine  $\beta$ -hydroxylase*).
5. Norepinephrine → Epinephrine (enzyme: *Phenylethanolamine N-methyl transferase*).

## Catabolism (Breakdown) of Catecholamines

- Main enzymes:

1. Monoamine Oxidase (MAO):

- Found in mitochondria of neurons & other tissues.
- Removes amino group → inactivates catecholamines.

2. Catechol-O-Methyl Transferase (COMT):

- Found in liver, kidney, other tissues.
- Methylates catechol group → inactivates catecholamines.

# Adrenergic Receptors

- G-protein coupled receptors (GPCRs) activated by catecholamines (NE, Epi, DA).

## Types and Functions:

### 1. $\alpha$ -Adrenergic Receptors

- $\alpha_1$  receptors: Vasoconstriction, ↑ BP, pupil dilation, bladder sphincter contraction.
- $\alpha_2$  receptors: Inhibit NE release (presynaptic), ↓ insulin release.

### 2. $\beta$ -Adrenergic Receptors

- $\beta_1$  receptors: ↑ heart rate, ↑ contractility, ↑ renin release.
- $\beta_2$  receptors: Bronchodilation, vasodilation in skeletal muscle, ↑ glycogenolysis.
- $\beta_3$  receptors: Lipolysis in adipose tissue, thermogenesis.

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